

6th GRAND INTERNATIONAL WUSHU FESTIVAL
13th INTERNATIONAL POLISH OPEN WUSHU CUP
Warsaw, Poland
May 14 – 18, 2009

GENERAL INFORMATIONS

1. Date and location

The Sixth Grand International Wushu Festival will be held from Thursday, May 14, 2009 through Monday, May 18, 2009 in Warsaw, capital of Poland.

2. Competition and Training Venue

All competitions and training sessions will take place at the Sport Center “Kolo” in Warsaw.

3. Participation

All Wushu organizations (federations, associations, clubs and schools) are invited to the Sixth Grand International Wushu Festival.

a) Members federation of the International Wushu Federation (IWUF)

b) Those Wushu organizations which have been recognized by the member associations of IWUF

c) If IWUF members will not take a part in Sixth Grand International Wushu Festival – other Wushu groups from these countries may participate.

Each team is required to bring to following:

- 2 national flags or federation flags (1x2m)
- the copy of all Final Entry Forms
- Waiver of liabilities (one for each team's participant)
- Health certificates of all athletes (both Taolu and Sanshou)
- Life insurance certificate

4. Composition of team

Each team may consist of:

- one team leader
- one Sanshou coach
- one Qingda coach
- one Taolu coach
- one Sanshou or Qingda judge
- one Taolu judge
- one team doctor or physiotherapist
- Sanshou competitors (no limit)
- Qingda competitors (no limit)
- Taolu competitors (no limit)
- Officials and observers (no limit)

5. Competition events:

I. Modern Wushu:

- | | |
|-------------|-------------|
| - Changquan | - Nandao |
| - Nanquan | - Nangun |
| - Taijiquan | - Taijijian |
| - Jianshu | |
| - Daoshu | |
| - Qiangshu | |
| - Gunshu | |

II. Traditional forms:

- Northern styles
- Southern styles
- Taijiquan
- Long weapons (cudgel, spear, halabard)
- Short weapons (broadsword, sword)
- broadswords, double swords and others)
- three-sections staff, butterfly knives, double
- Other weapons (iron whip, daggers, axes,
- Taiji weapons
- Set-sparring (duilian).

6. Age categories:

I. Taolu (modern and obligatory Wushu and traditional forms):

- under 9 years
- 9-11 years
- 12-14 years
- 15-17 years
- 18-33 years
- 34-49 years (only traditional forms)
- over 50 years (only traditional forms)

Modern Wushu only for age category for seniors (18-33 years) and oldest juniors category (15-17 years).

II. Qingda (light-contact for juniors):

- 7-8 years: -25kg, -29kg, -33kg, -38kg
- 9-10 years: -30kg, -35kg, -40kg, -45kg, +45kg,
- 11-12 years: -35kg, -40kg, -45kg, -50kg, -55kg, +55kg,
- 13-14 years: -42kg, -48kg, -52kg, -56kg, -60kg, -65kg, +70kg
- 15-16 years: 48kg, -52kg, -56kg, -60kg, -65kg, -70kg, -75kg, -80kg, -85kg, -90kg, +90kg
- 17-18 years: 48kg, -52kg, -56kg, -60kg, -65kg, -70kg, -75kg, -80kg, -85kg, -90kg, +90kg

III. Sanshou (full-contact) – over 18 years:

Men:

- below (kg): 48, 52, 56, 60, 65, 70, 75, 80, 85, 90
- over 90 kg

Women:

- below: 48, 52, 56, 60, 65, 70, 75

7. Competition Methods.

The competition will be conducted in accordance with the “Rules for International Wushu – Taolu Competition” and “Rules for International Wushu – Sanshou Competition” (IWuF – International Wushu Federation) and rules of European Wushu Federation and Polish Wushu Federation.

Each Taolu competitor may enter a maximum of 6 individual modern Wushu routines and a maximum of 6 traditional Wushu forms.

8. Cost of stay

From 14th May to 18th May 2009 each team member will be charged 80 € euro per day for food, (breakfast, lunch and supper in polish restaurant), accommodation (double room: twin bed or king size bed) and local transportation.

Single room is 110 € euro per person per day.

The Organizing Committee can arrange also luxurious and more expensive hotels on special request.

All participating teams are required to pay for their own round trip international travelling expenses.

At this year the competition fee (entrance fee) is included in hotel price. For those teams who will provide accommodation by themselves the entrance fee is as follow:

Registration fee:

Taolu – 25 € euro
Sanshou – 25 € euro
Qingda – 25 € euro

If competitor will enter two or more divisions (for example Qingda and Taolu) the registration fee is 40 € euro.

If you chose own accommodation there is not penalty fee.

9. Preliminary and Final Entries

- The deadline for sending in preliminary entries is **March 15th, 2009** at 24:00 hours (GMT + 01:00)
- The deadline for paying a 100 Euro entrance fee per person on the account of food and accommodation is **15th April, 2009**. If one fails to attend the Festival, one will not be reimbursed the cost of entrance fee.

Polish Chin Woo Athletic Association (**Polskie Stowarzyszenie Atletyczne Chin Woo**)

Address: **Ul. Franciszkanska 7/9, 00-233 Warszawa**

Bank name: **Millennium Bank S.A. Warszawa**

Bank address: **ul. Stanislawia Zaryna 2A, 02-593 Warszawa**

SWIFT: BIGBPLPWXXX

Bank account: 33 1160 2202 0000 0000 8321 8935

IBAN: PL33 1160 2202 0000 0000 8321 8935

- The deadline for sending the final entry back to the Organizational Committee of the Fifth Grand International Wushu Festival 2008 is **15th April, 2009** at 24:00 hours (GMT + 01:00).

- The full rate which includes the cost of accomodation and food, transport fees and a registration fee is to be paid at the time of registration in hotel in Warsaw on Thursday, May 14, 2009.

The host organizations of 6th Grand International Wushu Festival

Polish Wushu Federation

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Polish Wushu Association

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